

INTOLERANCE INFORMATION	FIRST CLASS OFFER	Cauliflower & Potato Curry 175g	Naan	Braised Beef with Mash potato	Macaroni Cheese	Vegan chilli with rice	Roast chicken meal	Vegan Butternut Squash & Sweet Potato Wellington	Vegan Breakfast	Highland Breakfast	TPT Bacon 2 Rashers	TPT Sausage 3 Slices	TPT Omelette	Sandwich Bap	Rainbow Slaw	Caramelised Sausage roll	Vegan sausage roll
Calories (kcal)		278	262	525	976	335	441	621	277	540	154	202	148	123			
Suitable for Vegetarians		✓	✓														
Suitable for Vegans		✓	✓														
Wheat			✓	✓	✓		✓	✓	✓	✓		✓		✓			
Spelt (Wheat)																	
Kamut (Wheat)																	
Rye																	
Barley									✓								
Oats							✓			✓							
Contains Nuts								✓									
Almonds																	
Brazil nuts																	
Cashew Nuts																	
Hazel Nuts																	
Macadamia or Queensland Nuts																	
Pecan Nuts																	
Pistachios																	
Walnuts								✓									
Peanuts																	
Contains Sesame Seeds																	
Contains Soya					✓			✓	✓	✓							
Contains Egg													✓				
Contains Milk													✓				
Contains Crustaceans																	
Contains Celery																	
Contains Mustard					✓												
Contains Sulphates		✓		✓			✓		✓	✓		✓					
Contains Lupin																	
Contains Molluscs																	
										Contains Indicated Allergen							
First Class Meal offer 21/02/2024																	