



West Coast **Kitchen** by TransPennine Express

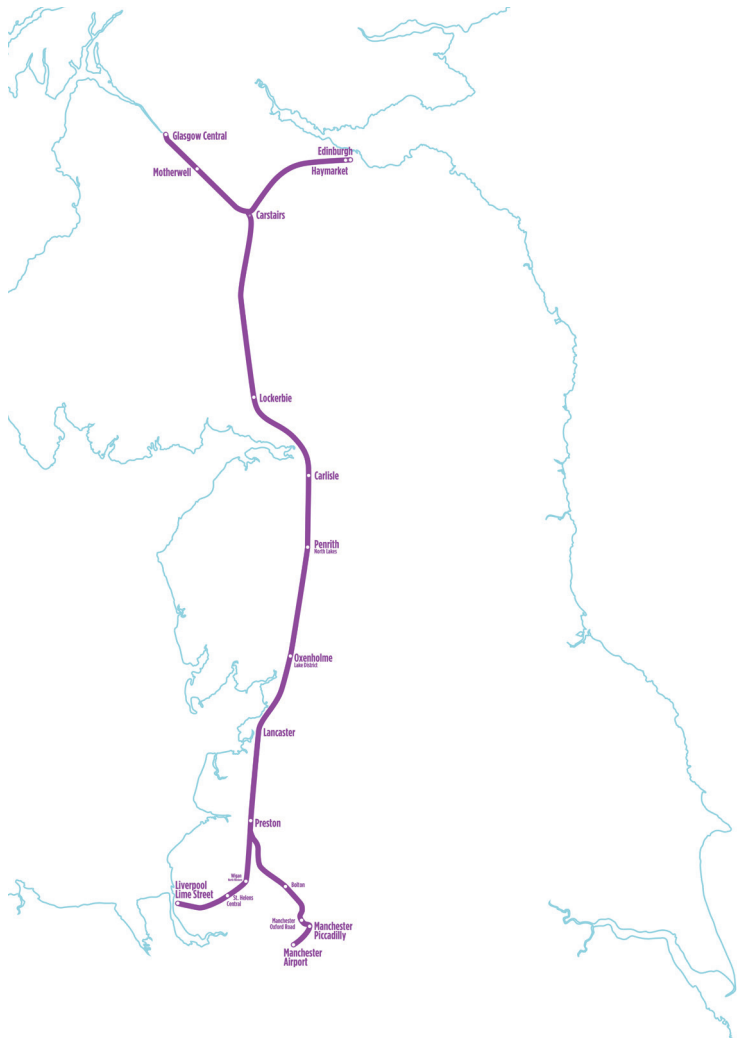
Our Menu
Week 1

Welcome onboard TransPennine Express

We invite you to enjoy a choice of complimentary local food and our range of drinks depending on the time of day and duration of your journey.

When selecting our menu, we worked with a range of regional producers from in and around the communities we serve along the West Coast Mainline.

Your superstar host will be along shortly to take your order.





Breakfast (served until 11am)

Smoked Back Bacon served in a soft white roll	277 kcals
Omelette served in a soft white roll V	271 kcals
Highland Breakfast Scottish Lorne Sausage, Scottish Black Pudding from The Farmers Son, Back Bacon, Frittata & Baked Beans	540 kcals
Vegan Breakfast Plant Based Sausage, Baby Spinach, Cherry Tomatoes, Cannellini Beans in a tomato sauce and Potato Scone VG	277 kcals
MOMA Porridge with honey V GF	
Butter Croissant with strawberry jam	

Adults need around 2000 kcal a day

Breakfast (served until 11am)







Rest of the day (served after 11am)

Weekday

Braised Beef Stew with Carrots, Mushrooms and Onions served with Mash Potatoes	525kcal
Ratatouille Chilli with Basmati Rice	335kcal
Pork & Caramelised Onion Sausage roll served with rainbow slaw. Lovingly made by PIE DEMAND, Carlisle	553 kcal
Vegan Sausage Roll Served with rainbow slaw. Lovingly made by PIE DEMAND, Carlisle	530 kcal
Poppadom Dip Box with mango chutney and aubergine pickle	

Weekend

Roast Chicken Dinner served with pork stuffing, mash, carrots, green beans and gravy	441kcal
Vegan Butternut Squash & Sweet Potato Wellington with with new potatoes & gravy	621 kcal
Pork & Caramelised Onion Sausage roll served with rainbow slaw. PIE DEMAND Carlisle	553 kcal
Vegan Sausage Roll Served with rainbow slaw PIE DEMAND Carlisle	530 kcal
Poppadom Dip Box with mango chutney and aubergine pickle	

Snacks

- Yorkshire Crisps** – Natural Sea Salt 20g
- Meredith & Drew Biscuits** – milk choc chip cookie, white chocolate chip cookie, shortie swirl and oat crunch
- Chocolate Cake Slice**
- Tunnock's wafer**
- Penn State Sour Cream & Chive Pretzels**
- Dormen Salted Nuts**

Vegan Vegetarian Gluten Free

Adults need around 2000 kcal a day





Something to Drink

Selection of Farrer's Teas	0kcal
Breakfast, Earl Grey, peppermint and green	
Farrer's Coffee	2kcal
Farrer's Decaff Coffee	2kcal
Farrer's Hot Chocolate	116kcal
Coca-Cola	
Coke Zero Sugar	
Schweppes Lemonade	
Orange Juice	

After 11am we additionally offer;

Nice Sauvignon Blanc Can, France	11.5% abv
Dry. Crisp. Wink of peach. (Vg) 187ml	
<i>This dry, crisp white is a little bit fruity and seriously up for anything. A Sauvignon Blanc with the sass of a grape that knows it's got it.</i>	
Nice Malbec Can, Argentina	13.5% abv
Juicy. Darkly Fruit. Wicked depth. (Vg) 187ml	
<i>This medium bodied Argentinian wine gives red a good name. Hails from the Mendoza region, and will happily charm your friends given half a sip.</i>	
Nice Pale Rosé Can, France	12% abv
Dry. Crisp. Hint of strawberries. (Vg) 187ml	
<i>A classic French Pale Rosé from the Languedoc-Roussillon region. A Grenache that's dry and crisp with hints of dried strawberries.</i>	
Nice Sparkling Wine Can, Spain	10% abv
Dry. Crisp. Sparkly (Vg) 200ml	
<i>This dry and crisp fresh white is seriously up for anything. Comes from the luscious hills of Cotes de Gascogne region. This Sauvignon Blanc has the sass of a grape that know it's got it.</i>	
Northern Monk Faith , Leeds	5.4% abv
Edinburgh G&T , Edinburgh 250ml	7.4% abv



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For Allergy and Calorie information
please use the QR code above or ask
your Customer Host.

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